

Benefits of Embodiment Play it allows children to.....



Practice processing information, use all their senses, experience new experiences/feelings in a safe and fun way, explore and experiment, develop their motor and social skills, use their creativity and imagination

Benefits of Projective Play it allows children to.....



Use their creativity and imagination, develop language and communication skills, continue to develop emotional regulation, manage frustration, develop numeracy and organisation skills and boost self confidence

Benefits of Role Play it allows children to.....



Develops mastery and self regulation, helps build resilience and coping strategies, facilitates problem solving and conflict resolution, is essential in brain development, creates flexibility and further develops imagination, develops social skills and competence.

